

# **Class Descriptions**

## **Early Childhood Program**

### ***Creative Movement*** (ages 4-6)

Dancers explore the basic foundations of dance technique. Classes are designed to develop coordination, rhythm and control through games, props, and playful movement exercises designed to engage their creativity.

## **Ballet**

### ***Intro To Ballet/Beginner Vaganova***

This class introduces dancers to the art of classical ballet and is for students who are ready to concentrate and learn “real” ballet. This is a technique only class.

### ***Intermediate***

Intermediate dancers have learned how to concentrate, and the basis of a good work ethic has been set into place. This frees the dancer to progress into consistent use of correct placement. When the student is ready, introductory classes in pointe are introduced, and ballet vocabulary is increased. Increased strengthening of the feet, legs, abdomen, and back is a focus, plus more difficult ballet enchainment is incorporated.

### ***Advanced***

After years of practice, dancers have acquired a level of technique and expertise and are ready to enhance performance style. The advanced level builds self-sufficiency with increased musicality, advancement on pointe and a study of dance composition and choreography. Emphasis is placed on performance qualities in building outstanding dancers who are both athletic and graceful.

## **Dance Enrichment Programs**

### ***Tap***

Students develop tap skills as they focus on vocabulary, technique, and performance. Students dance to a variety of music styles.

### ***Hip Hop***

Hip Hop is purely street and the most up-to-date styles are taught in these classes. All students will enjoy building their skills.

### ***Jazz***

Our Jazz dance classes are designed to bring out the students individual dance style and originality. We offer beginning dance classes, Intermediate dance classes and advanced dance classes that will focus on fundamental jazz dance techniques and progress into faster paced leaps, turns and quick foot movement. Our goal is to make our Jazz dance classes both fun and energetic.

### ***Modern/Contemporary/Lyrical***

Students are taught modern technique by experimenting with various movements and rhythmic patterns; different types of music are explored. Lyrical dance style has its primary basis in ballet, combining the many technical elements of classical ballet with the freedom and lighter aspects of jazz, contemporary and modern dance.

## **Boys**

Boys are welcome to join any class.

## **Class Levels and Placement:**

It is required that your child take two ballet classes per week at the studio. Two classes will help them build their skills and technique as well as their strength. This is most important for all students to have this initial building block, and this is especially important for Intermediate and Advanced students. Additional classes in any dance medium will be of benefit, but ballet technique classes are specific to advancement into pointe, variation and partnering classes.

- All Students will be placed in the appropriate class at the discretion of the director. **If the student is 14 years old, they can be moved to an advanced class with permission from the director.**
- Classes will begin promptly and we ask that your student be on time. If you are taking multiple classes in an evening, you will have 5 minutes between the end and the beginning of classes to prepare for the next class.
- Proper nutrition and adequate rest form the basis for healthy learning in the studio. Ill or injured students are expected to attend class, unless they have a fever or a communicable illness. Please be sure to notify the office if you, or your child, will be absent from class.
- It is expected that the student will allow adequate warm-up time prior to the start of the class in order to avoid injury. If you have an injury, please notify your teacher prior to the beginning of the class or during class should you need assistance.
- Dancers who are unable to participate physically are expected to observe class in order to take notes on technical corrections or to learn choreography that may be in process during the scheduled class time.

## **Course Description:**

A ballet dance course will involve the development of skills through study of the Vaganova Syllabus to produce a professional level performance.

## **Objectives:**

1. Further develop the physical skills that facilitate proper execution of classical ballet in the Vaganova style.
2. To develop quality presentation for stage performance.
3. Improve fluency in dance terminology and the Vaganova Syllabus.
4. Application of the use of music to the repetition of movement.
5. Develop skills at an advanced level during class to produce a professional performance on stage.

## **All Students will:**

- Arrive early for class.
- Dress appropriately for class, including footwear.
- Stretch and warm up entire body for class before it begins.
- Take an active role in learning dance combinations and choreography.
- Show improvement throughout the year and apply corrections to work in class.
- Exhibit a good attitude toward others.
- Ask questions during class to further understand what is being taught.

**VYIBA reserves the right to change or add classes and teachers as necessary. Please see the posted updates at our website at: [vyballet.com](http://vyballet.com) or check the studio bulletin board.**